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## How would you define your well-being in your relationship?

Try to rate your feelings right now on a scale from 0–10 below.

0 1 2 3 4 5 6 7 8 9 10



**POSOTE20**

TULEVAISUUDEN SOTE-KESKUS  
SOTE-RAKENNEUUDISTUS

*Pohjois-Savo*

## How would you define your well-being as a parent?

Try to rate your feelings right now on a scale from 0-10 and mark it down below.



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## How would you define your overall well-being right now?

Try to rate your feelings right now on a scale from 0-10 and mark it down below.

